



Programs & Services





For more than 50 years, we have been providing help, hope and recovery with clinics and service centers throughout Multnomah, Washington and Clackamas Counties.

LifeWorks NW promotes a healthy community by providing quality and culturally responsive mental health and addiction services across the lifespan. We envision an inclusive world where stigma fades and all people can live healthy and meaningful lives.

The following is a list of services and programs we offer. To learn more about each program, contact the number indicated. You may also visit our website at www.lifeworksnw.org or contact our intake line at (503) 645-9010.

LifeWorks NW Programs - Child & Family

Child & Family Outpatient Mental Health Program

Provides therapy, mental health assessments and treatment planning, medication management, skills training and consultation. Community-based services may also be provided as needed.

Located at: Hillsboro-Walnut St., Hillsboro-Main St., Tigard, Beaverton, Rockwood, NE Portland-MLK, Gladstone

Parent-Child Interaction Therapy Program

Provides mental health assessment and treatment to children 2 to 7 years old and their families. The program involves weekly sessions and in-home practice. Services can be provided in Spanish.

Located at: Hillsboro-Main St., Tigard, Rockwood, Gladstone, NE Portland-MLK, Project Network

Children's Day Treatment Program

Provides mental health treatment and education for children ages 5 to 10 who are experiencing serious psychiatric difficulties. Participation requires school district authorization or referral by local Coordinated Care Organizations or Kaiser Permanente.

Located at: Tigard

Adolescent Day Treatment Program

Provides mental health treatment and education for youth ages 11 to 18 who are experiencing serious psychiatric difficulties. Participation requires school district authorization, referral by local Coordinated Care Organizations or Kaiser Permanente.

Located at: Tigard

Intensive Community Treatment Services (ICTS) Program

Provides intensive treatment services conducted in the home and/or community for youth and their families. Multnomah county: Ages 3-18. Participants in this program must meet eligibility requirements and have approval by the Coordinated Care Organization.

Located at: NE Portland-MLK

Tigard-Tualatin Care Coordination

Supports Tigard-Tualatin School District students and their families to assess behavioral health needs and connect to appropriate services. Referrals made at the request of a family member or a TTSD staff person.

Located at: Remote based out of Tigard

LifeWorks NW Programs - Child & Family (cont.)

Youth Outpatient Substance Use Disorder Program

Provides alcohol and drug outpatient services for youth ages 12 to 18 and their families. Services are available in the community.

Located at: Gladstone, Hillsboro-Walnut St., Beaverton, Rockwood, NE Portland-MLK

REAL (Recovery, Empowerment, Achievement in Life) Program

Provides culturally responsive alcohol and drug treatment for adolescent African American youth 12 to 18 years of age. The program includes outpatient, community-based treatment and mentoring. Family and mental health services are included.

Located at: NE Portland-MLK

LifeWorks NW Programs - Young Adult

Early Assessment & Support Alliance (EASA) Program

Provides individual/family support, education, advocacy, and treatment to persons aged 12 to 24 who are experiencing emerging symptoms of psychosis. The program also has a robust family component, including multi-family groups. EASA serves individuals who are publicly or privately insured or who have no insurance.

Located at: Tigard, Milwaukie

Transition Age Youth (TAY) and Transition Age Youth Intensive Services (TAYIS) Programs

Serve clients between ages 16 to 24 with severe mental illness. Focus of treatment is client-centered and strengths-based. Treatment services include individual/group skills training, supported employment/education, supported housing, life skills and psychiatric treatment. Services are oriented towards young adults transitioning into independence.

Located at: Beaverton, NE Portland-MLK, Milwaukie

STRIDE (Strengthening Tools for Recovery, Independence, Determination and Empowerment)

Connects 14- to 25-year-olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.

Community-based in: Multnomah, Clackamas & Washington counties.

Bridge Clinic

Bridge Clinic is a collaborative effort between LifeWorks NW, OHSU and CareOregon. Our goal is to help young people, 18 and younger, with immediate mental health needs.

Located at: Beaverton

LifeWorks NW Programs - Adult

Adult Outpatient Substance Use Disorder Program

Provides outpatient and intensive outpatient services for adults dealing with alcohol and drug problems.

Located at: Hillsboro-Walnut St., Beaverton, Rockwood, Milwaukie, NE Portland-MLK

Hispanic Adult Outpatient Substance Use Disorder Program

Provides bilingual, culturally specific outpatient and intensive outpatient services for Latino adults dealing with alcohol and drug problems.

Located at: Hillsboro-Walnut St.

Women's Outpatient Substance Use Disorder Program

Provides intensive outpatient substance use disorder services, including mental health and parenting, to women in the recovery process that are involved with DHS.

Located at: Hillsboro-Walnut St.

DUII Adult Outpatient Substance Use Disorder Program

Provides outpatient services for adults required to receive treatment as part of a DUII sentence.

Located at: NE Portland-MLK, Beaverton, Hillsboro-Walnut St., Milwaukie, Rockwood

Problem Gambling Program

Provides free, individualized treatment for individuals with a gambling addiction and their families.

Located at: Beaverton, Hillsboro-Walnut St.

Adult Outpatient Mental Health Program

Provides counseling services tailored to a wide range of needs through individual and group therapy.

Located at: Hillsboro-Walnut St., Rockwood, NE Portland-MLK, Milwaukie, Beaverton

Severe & Persistent Mental Illness Program

Provides therapy, case management, skills training, support and treatment for individuals diagnosed with Severe & Persistent mental illnesses (SPMI), including: bipolar disorder, schizophrenia, psychotic disorders and other mood disorders. Also provides supported employment and education services to qualified clients and employers.

Located at: Hillsboro-Walnut St., Beaverton, Rockwood, Milwaukie, NE Portland-MLK

Gender-specific Intensive Outpatient Substance Use Disorder Program

Provides intensive outpatient SUD treatment services to adults who are involved or at-risk for involvement with DHS Child Welfare, including mental health and parenting. On-site childcare is provided.

Located at: Hillsboro-Walnut St.

LifeWorks NW Programs - Older Adult

Older Adult Assessment & Consultation Program

Provides supportive counseling and services which may include psychiatric evaluation, medication consultation and minimal case management. As available, therapists can travel to older adult living facilities and homes for assessment and ongoing therapy. PASRR's (Preadmission Screening and Resident Reviews) are also available upon request of the adult living facilities.

Located at: Beaverton

LifeWorks NW Programs - Prevention

Head Start/Early Head Start Mental Health Consultation Program

Provides mental health consultation in the Washington County area Head Start and Early Head Start classrooms.

Classroom-based in: Washington County

Promotoras Program

Connects families to community resources while offering individual parenting strategies and parenting classes. The program offers in-home services to Latino families with children pre-natal to 12 years of age.

Located at: Hillsboro-Main St., Beaverton

Healthy Families Program

A long-term home visiting program for parents. LifeWorks NW provides parent education and child development services in the home. Families can enroll anytime throughout pregnancy up until the child is 3 months old. Services available until the child turns 3 years.

Located at: Hillsboro-Main St., Tigard

Children's Relief Nursery

Provides child abuse and neglect prevention services that keep children safe and families strong. Services include therapeutic classrooms, respite childcare, home visits and parent skills training, resources and case management. Ages pre-natal to 5 years.

Located at: Hillsboro-Main St., St. John's, Gladstone

Family Support and Connections (FSC) Program

A home visiting program that provides parent education, advocacy and connection to community resources. Participation in the program is dependent on the client being a TANF (temporary assistance for needy families) recipient.

Home-based in: Multnomah County

Family & Community Alliance (FCA) Program

A voluntary program for families who have had a report made to Child Protective Services or are in need of additional supports. This home visiting program provides parent education, advocacy and connection to community resources.

Community-based in: Multnomah County

LifeWorks NW Programs - Specialty

Mountindale Recovery Center

Provides residential substance abuse services for women who are pregnant or have children 9-years-old or younger.

Project Network

Substance use disorder, residential treatment, with an African-American focus serving women and women who are pregnant and/or have children under age 6.

Assertive Community Treatment (ACT) Program

An intensive adult rehabilitation program that serves people with severe and persistent mental illness. ACT promotes health and wellbeing by providing community-based resources and support so individuals can avoid the barriers found in traditional office-based treatment to ultimately develop the skills needed to ultimately live independently.

Located at: Beaverton

Enhanced Care Outreach Services (ECOS) Program

Provides individualized wrap-around rehabilitative behavioral health services (including assessment, service planning, individual therapy, consultation, individual & group skills training, medication management, facilitation of quarterly treatment team meetings, 24-hour crisis coverage, and provider staff training) to individuals residing in APD-licensed community settings. People served in ECOS must meet specific Enhanced Care eligibility.

Located at: Beaverton

Domestic Violence Counseling

Provides outpatient dual-diagnosis treatment services to adults who are experiencing intimate partner violence. Services offered include group and individual counseling.

Located at: The Gateway Center

Department of Community Justice Evaluation

Dual-diagnosis evaluators conduct evaluations for individuals involved with the Department of Community Justice (DCJ). Evaluators work collaboratively with clients and the probation officer seeking the evaluation to determine appropriate treatment recommendations while considering community safety.

Located at: Multiple probation offices in Portland and Gresham as well as inside two correctional facilities in Multnomah County.

LifeWorks NW Programs - Specialty (cont.)

Intensive Case Management (ICM) Program

A specialty program provided to individuals residing in Multnomah County diagnosed with severe and persistent mental illnesses (SPMI) that require more intensive services to help them live successfully in the community. Services provided include psychiatric medication management, individual and group therapy, case management and skill building. Clients have access to clinicians 24/7 by phone. Individuals must be referred to the program and approved by Multnomah County.

Located at: Rockwood

Intensive Community Treatment (ICT) Program

A specialty program provided to individuals residing in Clackamas County diagnosed with severe and persistent mental illnesses (SPMI) that require more intensive services to help them live successfully in the community. Services provided include psychiatric medication management, individual and group therapy, case management and skill building. Clients have access to clinicians 24/7 by phone. Individuals must be referred to the program and approved by Clackamas County.

Located at: Milwaukie

Crisis Services

Washington County's urgent care center for mental health and addictions. People of any age can receive assistance for mental health and addictions concerns that do not require hospital-based help. Services include assessment, crisis intervention and connection to treatment providers and other social services. Open M-F, 9 am-2 pm. Please call (503) 291-9111 24/7 before visiting the Hawthorn site. Service is available at all times.

Located at: Hawthorn Walk-In Center

Hawthorn Walk In Center

- Washington County Crisis Team (mobile crisis)
- Intensive Transition Team
- Crisis Peer Support Team
- Substance Use Disorder Team

Mental Health Response Team

(clinician paired with law enforcement)

Zenith Residential Treatment Home

Provides mental health residential treatment services for clients 17 to 25 years of age.

Hazelwood & Horizon Residential Treatment Homes

Provides mental health residential treatment services for adults.

LifeWorks NW Programs - Site Information

Beaverton

10700 SW Beaverton-Hillsdale Hwy.
Building 1, Suite 011
Beaverton, OR 97005
(503) 641-1475

Gladstone

18907 Portland Ave.
Gladstone, OR 97027
(503) 594-1772

Hawthorn Walk-In Center

5240 NE Elam Young Pkwy.
Hillsboro, Oregon 97124
(503) 846-4555

Hillsboro-Main St.

1340 E. Main St.
Hillsboro, OR 97123
(503) 597-6089

Hillsboro-Walnut St.

971 SW Walnut St.
Hillsboro, OR 97123
(503) 640-5297

Milwaukie

10202 SE 32nd Ave
Suite 701
Milwaukie, OR 97222, USA
(503) 496-3201

Northeast Portland-MLK

3716 NE MLK Jr. Blvd.
Portland, OR 97212
(503) 288-8066

Rockwood

18417 SE Oak St.
Portland, OR 97233
(971) 727-8026

St. Johns

8425 N. Lombard St.
Portland, OR 97203
(503) 283-4776

Sylvan

5415 SW Westgate Dr.
Portland, OR 97221
(503) 645-3581

Tigard

8770 SW Scoffins St.
Tigard, OR 97223
(503) 684-1424

