



# LIFEWORKS

N O R T H W E S T

Mental Health and  
Addiction Services  
for a Healthy  
Community

2014 Program Listings



Here is a list of LifeWorks NW programs that serve children, youth, families, adults, and older adults. Contact the number listed to learn more about current opportunities within the programs, or you may want to check out our website at [www.lifeworksnw.org](http://www.lifeworksnw.org) for more information.

For more than 50 years, we have been providing help, hope and recovery with clinics and service centers throughout Multnomah, Washington and Clackamas Counties. At LifeWorks NW, we believe that life works when you get the support you need – and we are here to provide that support. Please call us.

## Washington County

Service	Description of Services	Locations	Contact
<b>Alcohol and drug abuse services for adolescents</b>	The <b>Youth Addictions</b> program provides alcohol and drug outpatient services for youth ages 12 to 18 (19 if still in High School) and their families. Services are available in the community, including schools.	Cedar Mill Hillsboro Tigard	503-645-9010
<b>Alcohol and drug abuse services for Latino youth</b>	The <b>Latino Youth Addictions</b> program provides bilingual, culturally specific alcohol and drug outpatient services for Latino youth ages 12 to 18 (19 if still in High School) and their families, including integrated family and mental health services. Services are available in the community, including schools.	Cedar Mill Hillsboro Tigard	503-645-9010
<b>Day treatment for adolescents</b>	The <b>Adolescent Day Treatment</b> program provides mental health treatment and education for youth ages 11 to 18 who are experiencing serious psychiatric difficulties. Participation requires school district authorization, referral by local Coordinated Care Organizations or Kaiser Permanente.	Tigard	503-684-1424 ext. 1212
<b>Day treatment for young children</b>	The <b>Children's Day Treatment</b> program provides mental health treatment and education for children ages 3 to 11 who are experiencing serious psychiatric difficulties. Participation requires school district authorization or referral by local Coordinated Care Organizations or Kaiser Permanente.	Tigard	503-684-1424 ext. 4862
<b>Early psychosis intervention for youth and young adults</b>	The <b>Early Assessment Support Alliance (EASA)</b> program provides individual/family support, education, advocacy, and treatment to persons aged 15 to 25 who are experiencing emerging symptoms of psychosis. The program also has a robust family component including multi-family groups. EASA will serve individuals who are publicly or privately insured or who have no insurance.	Beaverton Outreach across county	503-705-9999

## Washington County (continued)

Service	Description of Services	Locations	Contact
<b>Family Strengthening Prevention Service</b>	<b>Strengthening Families</b> is a nationally recognized prevention model designed to improve family relationships for youth (10-14). It is a parent, youth, and family skills building curriculum.	Schools-based	503-283-4776
<b>Foster care to adulthood transition</b>	The <b>Independent Living</b> Program assists adolescents in successfully transitioning from foster care to living on their own. Participants must be referred through Child Welfare.	Beaverton	503-627-9194, x3727
<b>Intensive mental health services for adolescents and young adults</b>	The <b>Transition Age Youth Intensive Services (TAYIS)</b> program serves clients between ages 16 to 24 with severe mental illness. Focus of treatment is client centered and strengths based. Treatment services include individual/group skills training, supported employment/education, supported housing, life skills and psychiatric treatment. Services are oriented towards young adults transitioning into independence.	Beaverton Outreach across county	503-619-9007
<b>Mental health consultation to Head Start classrooms</b>	The <b>Head Start/Early Head Start Consultation</b> program provides mental health consultation in area Head Start and Early Head Start classrooms.	Classroom based	503-704-4276
<b>Mental health counseling and services</b>	<b>Child and Family Outpatient Mental Health Services</b> provide therapy, mental health assessments and treatment planning, medication management, skills training and consultation. Community-based services may also be provided as needed.	Cedar Mill Hillsboro Tigard	503-645-9010
<b>Outreach, engagement, and mental health services for transition-age youth and young adults</b>	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
<b>Prevention services for the Latino community</b>	The <b>Promotora</b> Program connects families to community resources while offering individual parenting strategies and parenting classes. The program offers in-home services to Latino families with children 0 to 12 years of age.	Beaverton and Western Washington County	503-887-9149
<b>Parent education and support</b>	The <b>Healthy Families</b> Program is a long term home visiting program for first time parents. LifeWorks NW provides parent education and child development services in the home.	Home-based, county-wide	503-846-2114
<b>Parent education in the home</b>	The <b>Family Coaching</b> program provides in-home parent training to help families with school-age children (elementary through high school) who are struggling with challenging behaviors. Participants must be referred through DHS. Services can be provided in Spanish.	Home-based, county-wide	503-332-0984
<b>Young child mental health services</b>	The <b>Parent – Child Interaction Therapy</b> program provides mental health assessment and treatment to children 2 to 7 years old and their families. The program involves weekly sessions and in-home practice. Services can be provided in Spanish.	Cedar Mill Hillsboro Tigard	503-645-9010



## Multnomah County

Service	Description of Services	Locations	Contact
<b>Alcohol and drug abuse services for African American youth</b>	The <b>Recovery, Empowerment, Achievement in Life (REAL)</b> program provides culturally-responsive alcohol and drug treatment for adolescent African American males and females. The program includes outpatient, community based treatment, monitoring and proctor care. Family and mental health services are included. Services are available in the community including in schools.	NE Portland	503-645-9010 503-282-3296 ext. 6281
<b>Alcohol and drug abuse services for youth</b>	<b>Youth Addictions</b> provides alcohol and drug treatment services for youth ages 12 to 18 and their families, including integrated family and mental health services. Services are available in the community including in schools.	Rockwood St. Johns	503-645-9010
<b>Assessment, consultation, services for protective services</b>	The <b>Family Engagement</b> program provides child mental health assessments for youth entering the child welfare system. Mental health consultation and treatment services for the child and family are provided. Participants must be referred through DHS.	N. Portland	503-710-1513
<b>Child abuse and neglect prevention services</b>	<b>Children's Relief Nursery</b> provides child abuse and neglect prevention services that keep children safe and families strong. Services include outpatient mental health, therapeutic classrooms, respite childcare, home visits, parent skills training, and trauma assessments.	St. Johns Mill Park/SE Portland	503-288-4776 503-564-0164
<b>Community-based intensive mental health services</b>	The <b>Intensive Community-Based Treatment Services</b> program provides intensive treatment services conducted in the home and/or community for youth ages 3 to 18 and their families. Participants in this program must meet eligibility requirements and have approval by the Coordinated Care Organization.	Community-based	503-449-4639
<b>Day treatment for adolescents</b>	The <b>Nickerson Adolescent Day Treatment</b> Program provides mental health treatment and academics, M-F for youth 11 to 18 experiencing serious psychiatric difficulties. Participation requires school district authorization or referral from local Coordinated Care Organization or Kaiser Permanente.	NE Portland	503-282-3296, x6821
<b>Family Strengthening Prevention Service</b>	<b>Strengthening Families</b> is a nationally recognized prevention model designed to improve family relationships for youth (10-14). It is a parent, youth, and family skills building curriculum.	Schools-based	503-283-4776
<b>Home visiting/resource and referral in Multnomah County</b>	<b>Family Support and Connections (FSC)</b> is a home visiting program that provides parent education, advocacy and connection to community resources. Participation in the program is dependent on the client being a TANF (temporary assistance for needy families) recipient.	Home-based, County wide	503-283-4776
<b>Home visiting/resource and referral in Portland</b>	The <b>Family and Community Alliance (FCA)</b> is a home visiting program that provides parent education, advocacy and connection to community resources.	Home-based, Portland	503-283-4776
<b>Mental health counseling and services</b>	<b>Child and Family Outpatient Services</b> provide therapy, mental health assessments, treatment planning, medication management, skills training and consultation. Intensive, in-home services are available for youth at risk of out-of-home placement.	NE Portland Rockwood St. Johns	503-645-9010
<b>Outreach, engagement, and mental health services for transition age youth and young adults</b>	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
<b>Services for transition age youth and young adults</b>	The <b>Transition Aged Youth (TAY)</b> program serves youth and young adults, ages 16 to 24, during their transition to adulthood. The program works with young adults who have significant mental illnesses impacting their ability to successfully function in the community and achieve normal developmental milestones.	Community-based: NE Portland	503-619-9007
<b>Therapeutic support for youth who are victims of sex trafficking</b>	The <b>Commercially Sexually Exploited Children (CSEC)</b> program provides treatment and case management for this very specialized population as well as providing trainings to our community providers related to issues of working with this population.	Community-based	503-449-4639

## Clackamas County

Service	Description of Services	Locations	Contact
Alcohol and drug abuse services for youth	<b>Youth Addictions</b> provides alcohol and drug treatment services for youth ages 12 to 21 and their families, including integrated family and mental health services. Services are available in the community, including schools.	Milwaukie	503-645-9010
Community-based intensive mental health services	<b>Intensive treatment services</b> conducted in the home and/or community for youth ages 5 to 18 and their families. Participants in this program must meet eligibility requirements and get approval by the county Mental Health Organization.	Community-based	503-594-1772
Early childhood mental health and prevention services	A comprehensive array of prevention and mental health services are provided in collaboration with the community partners of the <b>Gladstone Center for Children and Families</b> .	Gladstone	503-496-5770
Early psychosis intervention for youth and young adults	The <b>Early Assessment Support Alliance program (EASA)</b> program provides individual/family support, education, advocacy, and treatment to persons age 15-25 who are experiencing emerging symptoms of psychosis. The program also has a robust family component including multi-family groups. EASA will serve individuals who are publically or privately insured or who have no insurance.	Milwaukie Community-based	503-710-8843
Foster care to adulthood transition	The <b>Independent Living</b> Program assists adolescents in successfully transitioning from foster care to living on their own. Participants must be referred through Child Welfare.	Milwaukie	503-594-1772, x3782
Mental health counseling and services	<b>Child and Family Outpatient Services</b> provide therapy, mental health assessments and treatment planning, medication management, skills training and consultation. Intensive, in-home services are available for youth at risk of out-of-home placement.	Milwaukie	503-645-9010
Outreach, engagement and mental health services for transition age youth and young adults	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
Services for transition age youth: adolescents & young adults	<b>Transition Aged Youth (TAY)</b> program serves youth and young adults, ages 16 to 24, during their transition into adulthood. The program works with young adults who have a significant mental illness impacting their ability to successfully function in the community and achieve normal developmental milestones.	Community-based Milwaukie	503-619-9007

For nearly all programs listed, LifeWorks NW serves people who have Oregon Health Plan, Medicaid, and Medicare. We have many programs for the uninsured, providing discounted or sometimes even free services. In addition, LifeWorks NW has many more programs that are accessible through a particular funding or partner organization (e.g., Child Welfare or Corrections).



## Washington County

Service	Description of Services	Locations	Contact
Alcohol and drug abuse treatment	The <b>Adult Addictions</b> program provides outpatient and intensive outpatient services for adults dealing with alcohol and drug problems.	Beaverton Hillsboro Tigard	503-645-9010
Alcohol and drug abuse treatment for Latino Adults	The <b>Latino Adult Addictions</b> program provides bilingual, culturally specific outpatient and intensive outpatient services for Latino adults dealing with alcohol and drug problems.	Hillsboro	503-645-9010
Alcohol and drug abuse treatment for mothers	<b>Mountaindale Recovery Center</b> provides residential substance abuse services for women who are pregnant or have children under 6 years of age.	Mountaindale	503-335-0855
Alcohol and drug abuse treatment for women	The <b>Adult Addictions</b> program provides outpatient and intensive services focusing on the unique needs of women in the recovery process, including abuse, relationship and parenting issues.	Hillsboro	503-645-9010
Driving under the influence of intoxicants (DUII)	The <b>DUII Adult Addictions</b> program provides outpatient services for adults required to receive treatment as part of a DUII sentence.	Beaverton Hillsboro Tigard	503-645-9010
Early psychosis intervention for youth and young adults	The <b>Early Assessment Support Alliance (EASA)</b> program provides individual/family support, education, advocacy, and treatment to persons aged 15 to 25 who are experiencing emerging symptoms of psychosis. The program also has a robust family component including multi-family groups. EASA will serve individuals who are publicly or privately insured or who have no insurance.	Beaverton Outreach across county	503-705-9999
Gambling treatment	The <b>Gambling Program</b> provides free individualized treatment for gamblers and their families that includes a thorough assessment and crisis stabilization.	Cedar Mill Tigard Millikan/ Beaverton	503-645-9010
Intensive mental health services for young adults and adolescents	The <b>Transition Aged Youth Intensive Services (TAYIS)</b> program serves clients between ages 16 to 24 with severe mental illness. Focus of treatment is client centered and strengths based. Treatment services include individual and group skills training, supported employment/education and psychiatric treatment. Services are oriented towards young adults transitioning into independence.	Beaverton Outreach across county	503-619-9007
Mental health counseling	The <b>Adult Mental Health Outpatient</b> program provides counseling services tailored to a wide range of needs through individual and group therapy.	Cedar Mill Hillsboro Tigard Millikan	503-645-9010
Outreach, engagement, and mental health services for transition age youth and young adults	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
Services for people with severe mental illness	The <b>Open Gate</b> program provides therapy, case management, skills training, support and treatment for individuals diagnosed with bipolar disorder, schizophrenia, psychotic disorders and other mood disorders. Also provides supported employment services to qualified clients and employers.	Hillsboro Beaverton Outreach across County	503-645-9010

Our mission at LifeWorks NW is to promote a healthy community by providing quality and culturally responsive mental health and addiction services across the lifespan.

Join us online at:  
[www.lifeworksnw.org](http://www.lifeworksnw.org)  
 Twitter: @lifeworksnw  
 Find us on Facebook!





## Multnomah County

Service	Description of Services	Locations	Contact
Alcohol and drug abuse treatment	The <b>Adult Addictions</b> program provides outpatient and intensive outpatient services for adults dealing with alcohol and drug problems.	Gresham NE Portland SW Portland	503-645-9010
Alcohol and drug abuse treatment for African Americans	<b>Project for Community Recovery</b> provides outpatient and intensive outpatient services for African Americans dealing with alcohol and drug problems.	NE Portland	503-645-9010
Alcohol and drug abuse treatment for mothers	<b>Project Network</b> provides residential substance abuse services for women who are pregnant or have children under age 6 and is designed to be culturally-relevant for African Americans.	NE Portland	503-528-2140 ext 1255
Alcohol and drug abuse treatment for women	This <b>adult addiction</b> program provides outpatient and intensive services focusing on the unique needs of women in the recovery process, including abuse, relationship, and parenting issues. Services for parenting women involved with the Department of Human Services.	Gresham NE Portland	503-645-9010
Driving under the influence of intoxicants (DUII)	The <b>Adult Addictions DUII</b> program provides outpatient and intensive outpatient services for adults required to receive treatment as part of a DUII sentence.	Gresham NE Portland SW Portland	503-645-9010
Integrated mental health & addictions services for women exiting prostitution	The <b>New Options for Women (NOW)</b> program provides integrated, wraparound services for women involved in prostitution, including substance abuse, mental health treatment, case management and social support.	Rockwood	503-761-5272
Mental health counseling	Our <b>Adult Mental Health Outpatient</b> program provides counseling services tailored to a wide range of needs through individual/group therapy.	King/NE Portland Rockwood SW Portland St. Johns	503-645-9010
Outreach, engagement, and mental health services for transition age youth and young adults	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
Services for people with Severe Mental Illness	The <b>Conquest Center</b> program provides therapy, case management, skills training, support and treatment for individuals diagnosed with bipolar disorder, schizophrenia, psychotic disorders and other mood disorders. Also provides supported employment services to qualified clients and employers.	Gresham NE Portland Outreach across County	503-645-9010
Services for transition age youth and young adults	The <b>Transition Aged Youth (TAY)</b> program serves youth and young adults, ages 16 to 21, during their transition into adulthood. The program works with young adults who have a significant mental illness impacting their ability to successfully function in the community and achieve normal developmental milestones.	Community-based NE Portland Greater Multnomah County	503-619-9007

## Contact Us

Get in touch with us. To schedule an appointment at one of our clinics, please call 503-645-9010 or (Toll-Free) 888-645-1666, or e-mail [intake@lifeworksnw.org](mailto:intake@lifeworksnw.org). If this is an emergency, please dial 911.

## Clackamas County

Service	Description of Services	Locations	Contact
Alcohol and drug abuse treatment	<b>Adult addictions</b> provides outpatient and intensive outpatient services for adults dealing with alcohol and drug problems.	Milwaukie	503-645-9010
Driving under the influence of intoxicants (DUII)	The <b>Adult Addictions DUII</b> program provides outpatient and intensive outpatient services for adults required to receive treatment as part of a DUII sentence.	Milwaukie	503-645-9010
Mental health counseling	Our <b>Adult Mental Health Outpatient</b> program provides counseling services tailored to a wide range of needs through individual and group therapy.	Milwaukie Milwaukie/ International Way	503-645-9010
Early psychosis intervention for youth and young adults	The <b>Early Assessment Support Alliance program (EASA)</b> program provides individual/family support, education, advocacy, and treatment to persons age 15-25 who are experiencing emerging symptoms of psychosis. The program also has a robust family component including multi-family groups. EASA will serve individuals who are publically or privately insured or who have no insurance.	Milwaukie Community-based	503-710-8843
Outreach, engagement and mental health services for transition age youth and young adults	<b>STRIDE</b> connects 14–25 year olds to services that support well-being and independence. Services include peer support, case management, outreach and engagement.	Community-based	503-619-9007
Services for people with severe mental illness	The <b>Alta</b> program provides therapy, case management, skills training, support and treatment for individuals diagnosed with bipolar disorder, schizophrenia, psychotic disorders and other mood disorders. The program also provides supported employment services to qualified clients and employers.	Milwaukie Outreach across the County	503-645-9010
Services for transition age youth and young adults	The <b>Transition Aged Youth (TAY)</b> program serves youth and young adults, ages 16 to 24, during their transition into adulthood. The program works with young adults who have a significant mental illness impacting their ability to successfully function in the community and achieve normal developmental milestones.	Community-based	503-619-9007

### Who we serve

Helping people by offering caring services is the core of LifeWorks NW — making life better for those we serve, and strengthening the whole community. We have developed the most comprehensive array of integrated prevention, mental health and addiction services available, providing confidential, compassionate, effective support throughout the lifespan.





## Washington County

Service	Description of Services	Locations	Contact
<b>Mental health evaluation and consultation services</b>	The <b>Older Adult Assessment and Consultation</b> staff provide supportive counseling and services which may include psychiatric evaluation, medication consultation and minimal case management. As available, therapists can travel to older adult living facilities and homes for assessment and ongoing therapy. PASRR's (Preadmission Screening and Resident Reviews) are also available upon request of the adult living facilities.	Beaverton Home-based	503-645-9010
<b>Rehabilitation services</b>	The <b>Stepping Stones</b> program provides rehabilitation and stabilization services for adults with long-term mental illness. Services are designed for older adults who are diagnosed with bi-polar disorder, schizophrenia, major depression, and other psychotic and mood disorders. The program provides specialized individual and group skills training to encourage community integration, one-on-one consultation, psychiatric evaluation, and case management. Services are oriented to older adults requiring a specialized approach that incorporates the challenges presented by the aging process.	Beaverton Home-based appointments as indicated	503-641-1475

## Multnomah & Clackamas Counties

Older adults in Multnomah and Clackamas Counties can access outpatient mental health and addiction services by calling our intake line at 503-645-9010. Residents of these counties can also participate in the programs listed for Washington County residents above by calling the numbers indicated.

### OUR LOCATIONS

#### Beaverton

12350 SE 5th Street, Suite 100

#### Cedar Mill/Administration

14600 NW Cornell Road

#### Farmington/Beaverton

14025 SW Farmington, Ste 200

#### Gresham

400 NE 7th Street

#### Hillsboro

971 SW Walnut Street

#### Hillsboro/Main Street

1340 E Main Street

#### King/NE Portland

3716 NE MLK Jr. Blvd

#### Millikan/Beaverton

14255 SW Brigadoon Court

#### Milwaukie

17070 SE McLoughlin Blvd

#### Milwaukie/International Way

4105 SE International Way, Ste 504

#### Rockwood

17214 SE Division Street, Suite 2

#### St. Johns

8424 N Lombard Street

#### Southwest Portland

506 SW 6th Avenue, Ste 905

#### Tigard

8770 SW Scoffins Street

#### Umoja Center/NE Portland

4941 NE 17th Avenue

*For more information,  
please visit:  
[www.lifeworksnw.org](http://www.lifeworksnw.org)*