

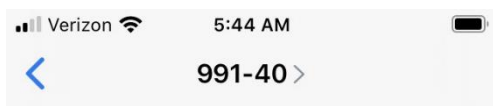


To ensure the health and safety of our consumers and staff, we are offering TeleHealth services through Zoom Meetings.

Text and email appointment reminders will include a website link for video sessions and a telephone number and meeting ID to attend your TeleHealth session by phone-only.

If you would like to update your reminder preferences to include text and/or email, please call any of our LifeWorks NW sites to update your contact information.

Sample Reminders-



Text Message
Thursday 9:15 AM

LifeWorks NW: Trisha has an appt on Sat 04/04/2020 at 10:30am with DR TEST. This is a telehealth appointment. Visit <https://lifeworksnw.zoom.us/j/2032085825> for your appt or click here to call +16699006833, 2032085825#. See you then! Reply "STOP" to opt-out of text message reminders



Scheduling
Fri 04/03/20 1:07 PM
Jasmine Eugenio x2967

TRISHA has an appt on **04/05/2020** at **1:30 PM** with **DR TEST**.

This is a telehealth appointment.

Visit <https://lifeworksnw.zoom.us/j/2032085825> for your appt.

You can also dial in with your phone.

Dial: **(669) 900-6833** or **(346) 248-7799**

Enter **2032085825** when prompted

See you then!

Please Note: You do not need to download the zoom application to participate in TeleHealth sessions. Using the link or phone number for your meeting will connect you to your clinician for your scheduled session.

To use Zoom for Video Sessions:

- You must have access to a phone or computer with a camera
- It's best to use a secure WiFi connection to reduce data use
- For safety and security, please do not participate in a sessions (phone or video) in a moving vehicle
- To protect your information, participate in sessions in a private space and be mindful of volume. Using a headset is encouraged.

For a step-by-step guide for joining a meeting, you can view this training video: [Joining a Meeting Guide](#).